



Journey of food – Meet the lambs

Interdisciplinary learning. Early/First level

Lambing time on most farms corresponds with Springtime. There are some farmers who lamb at other times of year but the majority aim for spring lambs which arrive to correspond with the new grass growth. Lambing can be utilised as an interdisciplinary learning lens and there are many hands-on activities you can engage with in class to bring the experience to life.

What this pack contains:

- All the links and content required to deliver our 'Meet the lambs' activity.
- Learning Intentions, Success Criteria and Suggested Experiences & Outcomes.
- Learning for Sustainability links.
- Lesson plan.
- Suggested additional activities.

Learning Outcomes

- We are learning about the science, technology and maths used on the farm at lambing time.
- We are learning about life cycles and food journeys.
- We are learning to ask questions.

Success Criteria

- I can describe the basic journey of food.
- I can ask and respond to different types of questions
- I can count forwards and backwards.
- I can share my views and listen appropriately to the views of others.

Experiences and Outcomes

- **SCN 1-02a** I can explore examples of food chains and show an appreciation of how animals and plants depend on each other for food.
- **HWB 1-35a** When preparing and cooking a variety of foods, I am becoming aware of the journeys which foods make from source to consumer, their seasonality, their local availability and their sustainability.
- **LIT 1-02a** When I engage with others, I know when and how to listen, when to talk, how much to say, when to ask questions and how to respond with respect
- **MNU 1-03a** I can use addition, subtraction, multiplication and division when solving problems, making best use of the mental strategies and written skills I have developed.
- **EXA 1-02a** I have the opportunity to choose and explore a range of media and technologies to create images and objects, discovering their effects and suitability for specific tasks.

Learning for Sustainability

- **Goal 4** Quality education: achieve literacy and numeracy.



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Lesson Plan

Introduction

- Share/discuss the learning intentions and success criteria.
- Use the [different video recordings](#) from our meet the lambs sessions to see and hear about some different lambs.
- Have a discussion about lambs and lambing and make use of the activities in our [Meet the Lambs learning portal](#).

Suggested discussion points

- How do you think farmers look after their lambs?
- What jobs are there to do on the farm at lambing time?
- What time of year do most farmers have lambs?

Learning

- **Science outcomes:** The ability to interpret and construct a simple food chain.
- **Numeracy outcomes:** The ability to solve addition and subtraction problems.
- **Technology outcomes:** The ability to use some art and design vocabulary.
- **Literacy outcomes:** The ability to contribute at the appropriate time when engaging with others.

Additional tasks

- There is a lesson plan for '[Exploring real and imaginary situations](#)' which focuses on farm animals and role play.
- Why not have a go at some wool crafts? There are some simple ideas in our [craft pack](#) including wet felting.

More information

- There is more information and activities about food and farming in our [Farmer Lily pack](#).
- There are more sheep and wool related learning activities on our [sheep and wool contents page](#).

Social media

Please tag [therhet.bsky.social \(Bluesky\)](#) or [@TheRoyalHighlandEducationTrust \(Facebook\)](#) in your lesson photos/comments.